

Update on COVID-19 (Coronavirus)

During this critical period, the Central Jersey Health Insurance Fund is committed to ensuring the health and safety of all members amidst the outbreak of Coronavirus (COVID-19). The below information has been provided by the fund's medical plan administrators and is applicable to all members enrolled in AmeriHealth and Aetna medical plans.

COVID-19 Testing

Member cost-sharing is waived for the COVID-19 test when performed at an in-network, approved provider. This policy will cover the diagnostic test kit for patients who meet CDC guidelines for testing. **This includes members enrolled in HSA qualified High Deductible Plans.**

Treatment

If members have any questions about whether they should be tested, they should call a health care professional **BEFORE** making an in-person office visit. The health care professional will work with the State Public Health Department in the member's state as well as the CDC to determine if the member should be tested for COVID-19.

At this time, there is no specific antiviral or vaccine for COVID-19. Members should receive care from their doctor to help relieve symptoms as they would other viral respiratory infections.

Telemedicine

To help reduce potential exposure, the Central Jersey Health Insurance Fund also encourages members to utilize Telemedicine services. There is no member cost-share for Telemedicine services for any reason. To take advantage of this benefit, contact:

- **Teladoc (Aetna Members)** at **855.835.2362** or visit www.teladoc.com/Aetna. Members can also download the mobile app by visiting www.teladoc.com/mobile.
- **MDLIVE (AmeriHealth Members)** at **888.964.0942** or visit www.mdlive.com/ahatpa. Members can also download the mobile app by visiting www.mdlive.com/mobileapp.



As reported by the Centers for Disease Control and Prevention, there is currently no vaccine to prevent Coronavirus Disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to the virus. However, there are everyday preventive actions to help prevent the spread of respiratory illnesses, including:

- *Wash hands often with soap and water for at least 20 seconds especially after you have been in a public space.*
- *If currently filling a maintenance medication at a retail pharmacy, now may be a good time to consider initiating mail order medication instead.*
- *Avoid close contact with people who are sick.*
- *Avoid touching eyes, nose and mouth.*
- *Stay home when sick.*
- *Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.*

For the most recent updates on COVID-19, visit the CDC website at www.cdc.gov/coronavirus.