

## **COVID-19 Community Resources** **As of 10/28/2020**

### **Federal Resources:**

- **CDC**
- **FEMA**

**cdc.gov/COVID-19es**  
**fema.gov**

### **FEMA COVID-19 Pandemic Operational Guidance for the 2020 Hurricane Season**

In preparing for the 2020 hurricane season, this document provides actionable guidance to State, Local, Tribal & Territorial officials to prepare for response and recovery operations and encourages personal preparedness measures amidst the ongoing COVID-19 pandemic. While this document focuses on hurricane season preparedness, most planning considerations can also be applied to any disaster operation in the COVID-19 environment, including no-notice incidents, spring flooding and wildfire seasons, and typhoon response.

Information presented in this document regarding FEMA's operating posture should serve as a baseline for SLTT partners.

Visit our "[FEMA Announces Operational Guidance for the 2020 Hurricane Season](#)" News Release.

Read a blog post from Administrator Gaynor about [preparing the nation for the 2020 hurricane season](#)

Download the "COVID-19 Pandemic Operational Guidance for the 2020 Hurricane Season" on the [FEMA website](#).

### **Getting a Flu Vaccine This Year is More Important Than Ever**

On October 1, the CDC and the National Foundation for Infectious Diseases (NFID), along with other public health and medical groups, kicked-off the [2020-2021 flu vaccination season](#). CDC recommends everyone 6 months and older be vaccinated against flu. It protects the person getting vaccinated and the people around them. Flu vaccines have been shown to prevent flu illness and reduce the risk of hospitalizations and deaths.

## **Telehealth: A New Idea For Your Family Preparedness Toolkit**

**By Joann Lowry, Interagency Recovery Coordinator,  
FEMA Region II**

You probably never heard much about telehealth prior to 2020.

The very idea of receiving your health care via a mobile device or computer was simply not possible for most, especially since government and insurance company



regulations often opposed this option. Seldom has an issue changed so fast and convincingly as telehealth following the COVID-19 outbreak. An industry struggling to find mass acceptance and traction is now the “new normal” – all in a few dramatic months.

The U.S. Department of Health and Human Services (HHS) defines telehealth, also known as telemedicine, as the use of electronic information and telecommunications technologies to support and promote long-distance clinical health care, patient and professional health-related education, and public health and health administration. This can be accomplished by videoconferencing via the internet, the digital transfer of medical images or streaming media with which we're all now familiar. [Click here to read the full article.](#)

## Resources for COVID-19



### COVID-19 Response Assistance Field Team Observations

The Office of the Assistant Secretary for Preparedness and Response (ASPR) COVID-19 Response Assistance Field Team (CRAFT) has compiled [resources on COVID-19 response efforts](#) for a variety of groups. Their website includes information for K-12 schools and institutes of higher education, faith-based organizations, vulnerable populations and critical infrastructure businesses.

---

### Download the COVID Alert NJ App

[COVID Alert NJ](#), a free and secure mobile app, was recently released by the New Jersey Department of Health. COVID Alert NJ anonymously alerts users if they have been in close contact with someone who has tested positive for COVID-19. The app will also provide users with up-to-date information on New Jersey reopening news, key COVID-19 metrics, and a user-friendly symptom tracking tool – all while maintaining privacy and anonymity between users.

---

### Staying Safe on Election Day

The New York City Department of Health and Mental Hygiene has shared information on how to [vote safely on Election Day](#). Remember to wear a face covering, practice healthy hand hygiene and maintain physical distance from other people.

---

### Faith and Mental Health COVID-19 Social Media Kit

The [Interfaith Center of New York](#), New York Disaster Interfaith Services, and the Mayor's Office of ThriveNYC have created a [Faith and Mental Health Social Media Kit](#). The kit has texts and graphics to promote discussion of these important issues in diverse faith communities. Faith leaders are invited to use or adapt these texts and graphics, and create social media campaigns that reach their own congregations and communities.

## New Jersey State Resources:

- **NJ COVID-19 Information:** COVID19.nj.gov
- **NJ COVID-19 Jobs & Hiring Portal** <https://jobs.covid19.nj.gov>
- **COVID-19 Text Alerts** Text: **NJCOVID** 898-211
- **New Jersey Department of Health** has set up a COVID-19 24-Hour Public Hotline  
800-222-1222
- **NJ COVID-19 & Poison Control Center Public Hotline** 800-962-1253
- **NJ 211** Dial 211; NJ211.org
- **New Jersey Mental HealthCare's Disaster Line:** 866-202-HELP (4357)  
for free, confidential support. NJ Mental Health Cares will be answered from 8 a.m. to 8 p.m. seven days a week by live trained specialists.  
NJ Human Services' Division of Mental Health and Addiction Services provide support to the Mental Health Association of New Jersey (MHANJ) to operate the line.
- **NJ Department of Health** [nj.gov/health/cd/topics/ncov.shtml](http://nj.gov/health/cd/topics/ncov.shtml)
- **NJ Human Services** [nj.gov/humanservices/coronavirus.html](http://nj.gov/humanservices/coronavirus.html)
- **SNAP** 800-687-9512  
To apply online: [oneapp.dhs.state.nj.us](http://oneapp.dhs.state.nj.us)
- **SJLS (South Jersey Legal Services)** <https://www.lsnj.org/sjls/>  
Call Centralized Intake Unit at 800-496-4570 M-F, 8:30am to 4pm

### **URGENT INFORMATION FOR NEW JERSEY TENANTS DURING THE COVID-19 PANDEMIC**

- There is currently an eviction moratorium until December 27, 2020. That means that you cannot be evicted (locked out of your home) until after December 27, 2020, except in rare circumstances. This date may be shortened or extended by the Governor.<sup>1</sup> - Rent is still due. If you can, you should continue to pay your rent in order to avoid eviction when the moratorium ends. - Even though there is an eviction moratorium, your landlord may still be able to file an eviction complaint against you in court. However, most landlord/tenant trials are currently on hold which means that most trials will not be scheduled until further notice. - Although most landlord/tenant trials are currently not taking place, some counties are scheduling virtual (online) settlement conferences between landlords and tenants to give landlords and tenants the opportunity to settle their cases. These settlements are VOLUNTARY which means that you DO NOT have to settle your case. If you do not want to settle your case, just tell the court staff that you do not want to settle and you can then leave the virtual conference. Your case will be set for trial when the courts start holding trials again. At that point, you may still have an opportunity to settle your case. - Unless the court finds that there is some kind of emergency, the eviction moratorium prevents lockouts until December 27, 2020 even if tenants have agreed to move out sooner and even when a non-emergency court order authorizes removal of a tenant. You should call the police if your landlord tries to lock you out or turns off your water or power to try to force you to leave. - You should seek legal advice if you have any questions regarding your rights as a tenant. If you cannot afford an attorney, you can contact a legal services organization such as Legal Services of New Jersey at (888) 576-5529, Volunteer Lawyers for Justice at (973) 943-4754, the Community Health Law Project (for individuals with disabilities) at (973) 275-1175, or the City of Newark's Office of Tenant Legal Services (if you are a Newark tenant) at (973)877-9424.

*1 There is also a federal eviction moratorium which lasts through December 31, 2020, but you must meet very specific conditions and take certain steps in order to qualify. If the state eviction moratorium is not extended beyond December 27, 2020, the federal eviction moratorium may apply to you. If you have any questions about the federal or state eviction moratoriums, you should seek legal advice as specified above.*

## **How To Get Tested For COVID-19 In New Jersey**

**Testing is available to everyone in New Jersey.**

Our first responders and health care workers are saving lives every day – and so can you.

**Do your part to protect yourself, your loved ones, and your community by getting tested for COVID-19.**

You could have COVID-19 and not even know it. Find out if you have COVID-19 at any of the 250 testing sites across New Jersey.

It's quick and easy. You don't need insurance and free testing is available. Anyone who wants a test, can now get one.

**It's especially important to get tested if:**

1. **You are experiencing symptoms** (fever, cough, shortness of breath, chills, sore throat, muscle pain, shivering, headache, or new loss of taste or smell)
2. **You have been in close contact with someone who tested positive for COVID-19**
3. **You are an essential worker** (health care worker, first responder, food service worker, or transit worker)
4. **You were recently in a large crowd where social distancing was hard to maintain**
5. **You recently travelled to an area or a state with high COVID-19 infection rates**

You can locate a testing site near you, learn how to get tested, and find key information about New Jersey's testing program and related resources through the link: <https://covid19.nj.gov/pages/testing>

## **Monmouth County Resources:**

### **Monmouth County COVID-19 Testing**

**The Monmouth County Board of Chosen Freeholders and The Grunin Foundation** have partnered to bring **FREE COVID-19 TESTING** to your community

- No appointment is necessary
- Simply walkup during the times listed below
- Tests will be conducted by health professionals
- The test consists of a nasal or oral swab
- **THIS IS FOR MONMOUTH COUNTY RESIDENTS ONLY**
- **YOU DO NOT HAVE TO BE SYMPTOMATIC**
- Locations:
  - **Asbury Park Transportation Center, 1 Municipal Plaza, Asbury Park**
    - Thursday, November 5 9am-12noon
    - Wednesday, November 18 4pm-7pm
  - **Freehold Borough Fire Dept., 49 West Main St, Rear Annex, Freehold**
    - Tuesday, November 10 4pm-7pm
    - Saturday, November 21 9am-12noon
  - **New Point Comfort Firehouse, 192 Carr Ave, Keansburg**
    - Saturday, November 7 9am-12noon
    - Thursday, November 19 9am-12noon
  - 
  - **Bucky James Community Center, 231 Wilbur Ray Ave., Long Branch**
    - Saturday, October 31 9am-12noon
    - Saturday, November 14 9am-12noon
  - **Pilgrim Baptist Church, 172 Shrewsbury Ave, Red Bank**
    - Wednesday, November 4 4pm-7pm
    - Tuesday, November 17 4pm-7pm
  - **Neptune First Aid, 5 Neptune Blvd., Neptune**
    - Thursday, November 12 9am-12noon
  - **Neptune Senior Center, 1607 Hwy. 33, Neptune**
    - Thursday, October 29 4pm-7pm

### **Monmouth County Application Information for Economic Assistance Grant Program**

The Monmouth County Board of Chosen Freeholders has dedicated \$10 million of its allocated CARES funding to support our community's small businesses and nonprofit organizations as they struggle to provide residents and visitors with their essential and exceptional goods and services during these unprecedented times.

Freeholder Director Tom Arnone continues to champion this program on behalf of the Board of Chosen Freeholders, "Small businesses and nonprofit organizations are the economic backbone of our community. Taking this extraordinary measure to provide them with direct financial assistance demonstrates Monmouth County's commitment to help ensure their short-term survival, recovery, and ultimate success."

The Monmouth County CARES Economic Assistance Grant Program provides financial support up to \$10,000 for those qualifying businesses, business owners, and nonprofits that do not exceed \$5 million in annual gross revenue and have experienced costly interruptions as a result of the Coronavirus pandemic.

#### **Program Guidelines**

In order to qualify for a Monmouth County CARES Economic Assistance Grant, applicants must meet the following criteria:

#### **For Small Businesses/Business Owners**

- Physically located in Monmouth County since January 1, 2019 or earlier
- Negatively impacted by the COVID-19 pandemic
- \$5 million or less in gross revenue
- 50 or fewer full time equivalent (FTE) employees including the owner as of March 1, 2020
- It should be noted that banking, educational, governmental and medical service providers are not eligible for the grant program at this time.

#### **Also, business must not operate in the following categories:**

- “Adult” associated entertainment, goods, and services
- Vape and head shops
- Other types of business establishments may be categorized as ineligible upon application review

#### **For Nonprofit Organizations**

- Physically located in Monmouth County since January 1, 2019 or earlier
- Provides a public service to beneficiaries residing in Monmouth County
- Negatively impacted by the COVID-19 pandemic
- Registered with the IRS as a 501(c)3, 501(c)4, 501(c)6 limited to local and regional chambers of commerce, or 501(c)19
- May be a local affiliate of a larger state or national service organization

#### **What you need to apply:**

**Before the online application process opens on Monday, August 3, 2020 at 8 a.m.**, all applicants should be prepared to submit the following information electronically through the application portal on the website:

- TIN/EIN – This is your Tax Identification or Employee Identification Number. If a Sole Proprietorship without employees, you will need your social security number
- Legal Business Name
- DBA - Doing Business As (if applicable)
- Business Contact Information (contact name, organizational role, e-mail address, phone number, and business address)
- NAICS Code of the Business: North American Industry Classification System
- Tax Returns: Fiscal years 2018 **AND** 2019 (if filed)
- Business Banking Information: routing and checking numbers
- Itemized list of eligible costs for reimbursement

#### **Eligible Reimbursable Expenses:**

##### **Goods and supplies that were not part of the company’s sellable merchandise:**

- Personal Protective Equipment (PPE) – For customers and employees
- Personal sanitization supplies
- Disinfection and specialized cleaning supplies
- Protective barriers and installation – Plexiglas walls
- Social distancing markers – tape and signs indicating 6 foot distances/arrows for aisles
- Testing equipment and supplies including temperature check equipment

**Technology costs of converting in-person business operations:**

- New/additional merchant payment services
- Costs of website enhancements for interactive showrooms/storerooms
- Temporary technology to establish teleworking capabilities
- Cost to deliver or ship goods to customers.
- Inventory write-downs – (i.e. spoiled food or expired, damaged, obsolete goods)

**Personnel Costs:**

- Employee training expense to ensure compliance with state and federal CDC guidelines for reopening
- Payroll costs, costs related to the continuation of group health care benefits during periods of paid sick, medical, or family leave, and insurance premiums
- Temporary staffing services to fill-in for staff on leave

**Property Expenses (While business was closed):**

- Rent Expense
- Utility payments
- Security services and equipment

**Establishment of Temporary Sites and Conversion to Facilities:**

- Construction and Materials – If a business had to build anything new (i.e. - patio, moving counters, etc.) to comply with social distancing regulations
- Fixtures/equipment – updated sanitation devices (air cleaners), sanitation devices (like hand held steamers or whatever is approved)
- Furniture - expenses related to investing in scope of business change (i.e. - restaurant buying outdoor tables/tents/lighting)

**Program Restrictions**

- Funding cannot be used for reimbursements already made under other state and federal assistance programs (No Supplanted Funding)

**Application Process**

- Upon receipt of the application and required documents, each application will be reviewed for completeness and eligibility.
- Applications are on a first come, first serve basis
- Applicants will be notified if their application is incomplete
- Applicants will be allowed seven business days from the incomplete notification to resubmit missing or incomplete information in order to hold their place in the submission process.
- Upon resubmission, if the application information is still missing or incomplete, a new application will be required and accepted in the order it was received

**Questions or Requests for Assistance**

If you have questions or need assistance regarding the Monmouth County CARES Coronavirus Economic Assistance Grant Program, please do not hesitate to call 732-375-2196, Monday through Friday from 9 a.m. to 5 p.m. The link for the application is: [https://solixconsulting.force.com/Monmouth/s/?language=en\\_US](https://solixconsulting.force.com/Monmouth/s/?language=en_US)

## **Mental Health Services:**

**Monmouth County Health Department** has opened a phone bank to respond to callers with questions or concerns about COVID-19. As you can imagine, many callers are experiencing increased anxiety, fear, and worry about COVID-19.

**In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth Acts, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide 6 telephone emotional support sessions**

The phone line is available from **Monday – Friday, 9am – 4pm** 732-542-6422

- **Monmouth County Division of Behavioral Health**
  - **NJ HOPELINE**: Suicide prevention hotline 855-654-6735
  - **Cop 2 Cop**: Helpline for law enforcement & their families 866-cop-2cop
  - **Mom 2 Mom**: Peer support for Moms 877-914-6662
  - **Vet to Vet**: Helpline for veterans 866-838-7654
  - **2<sup>nd</sup> Floor Youth Helpline**: Helpline for youth 888-222-2228
  - **CRISIS SERVICES**: On site mental health crisis assessment and stabilization
  - **Psychiatric Emergency Screening Services (PESS)** 732-923-6999
  - **Children’s Mobile Response and Stabilization Services** 877-652-7624
  - **CDC / Mental Health**
  - <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>
  - **Crisis Counselors** are available for free help **Text MHA to 741741**  
They offer support through texting for those that are experiencing fear, stress, an anxiety, depression, panic, and isolation.  
“There is no health without mental health” [mentalhealthmonmouth.org](http://mentalhealthmonmouth.org)
  
- **Mental Health Association Of Monmouth County** 732-542-6422
  - **FINANCIALLY AFFECTED BY COVID-19?**
    - MHA of Monmouth County’s Financial Success Center is here to help!
    - Find out if you are eligible to receive a gift card for food, personal items or transportation. Need help finding the services that you are eligible for right now?
    - Looking to talk to someone that can help you budget your current income?
    - Need to look for work or update your resume?
  
  - **MAKE AN APPOINTMENT**: Please contact Carmen Rivera at 732-788-6029 [crivera@mentalhealthmonmouth.org](mailto:crivera@mentalhealthmonmouth.org) OR Jenny Kern at 732-508-0926 [jkern@mentalhealthmonmouth.org](mailto:jkern@mentalhealthmonmouth.org)

## **Additional Hotlines**

- **SAMHSA’s National Helpline**: 1-800-662-HELP (4357)
- **SAMHSA’s Disaster Distress Helpline**: 1-800-985-5990 or text TalkWithUs to 66746
- **Partnership for Drug-Free Kids**: Call 1-855-378-4373 or visit: <https://drugfree.org/>
- **National Suicide Prevention Lifeline**: Call 1-800-273-8255 or visit [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)
- **Veterans Crisis Line**: Call 1-800-273-8255 and press 1 or visit [veteranscrisisline.net](http://veteranscrisisline.net)



**Rutgers UBHC** offers telephonic peer support lines. They are a resource for individuals with struggling with substance use, are in recovery, or need support and may feel isolated at this time.

- **New Jersey Peer Recovery** 8AM-8PM on 3/26/20 the hours are being extended to 10PM for individuals with substance abuse problems or those in recovery needing support: 1-833-422-2765
- **Vets4 Warriors**- 24/7 National Program for veterans who have served in wars-1-855-838-8255
- **Vet 2 Vet**- any NJ veteran 24/7 1-866-838-7654
- **Mom 2 Mom**-mothers with special needs children 8AM-8PM -1-877-914-6662
- **Care 2 Caregiver**- with family members who are caring for family member with memory loss, Alzheimer's, dementia or a related disorder 8AM-8PM 1-800-424-2494
- **Cop 2 Cop**- 24/7 law enforcement officers 1-866-267-2267
- **Worker 2 Worker** for DCP and P workers 8AM-8PM-1-855-327-7482
- **Aid NJEA**- school staff members and their families Monday-Thursday 12PM-8PM; Fridays 12PM-6PM 1-866-243-6532

## **Additional Family Resources**

- **PerformCare**: Full-service, behavioral health managed care organization for youth and families dealing with behavioral health, intellectual, developmental disability service's needs & substance use treatment. 24 Hours a Day / 7 Days a Week 877-652-7624
- **SPAN**: Parent Advocacy Network. 8 am - 4pm 800-654-7726  
link: <https://spanadvocacy.org/about>
- **AA meetings** are being held online and can be found through the following link: <http://aa-intergroup.org/directory.php>
- **CARC** 732-774-3282
  - 913 Sewall Av, Asbury Park
  - [carcnj.org](http://carcnj.org)
- **Monmouth Arts** resource link: <https://www.monmoutharts.org/resources>

## **RWJ Barnabas Health Institute for Prevention and Recovery**

### **For You/Your Families/Your Students' Families:**

**NIDA's Toolkit for Out of School Time** offers science-based activities and resources on drug use and addiction for educating teens during out of school time (OST). The OST setting—before and after school, in the summer, or any time teens attend a supervised program outside of the typical school time—offers a unique opportunity for STEM (science, technology, engineering, and math) learning.

- <https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit>

**Lesson Plan and Activity Finder** from NIDA – you name it, it is there

- <https://teens.drugabuse.gov/teachers/lessonplans>

### **Managing Stress and Anxiety during COVID-19**

- <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

- <https://emergency.cdc.gov/coping/index.asp>

### **Wellness Apps/Courses**

- Headspace <https://www.headspace.com/headspace-meditation-app>
- Calm <https://www.calm.com/>
- Yale University's The Science of Well-Being: <https://www.coursera.org/learn/the-science-of-well-being?>

**Shape America** (check out the Mind and Body Calendars, At-Home Fitness Ideas)

- <https://www.shapeamerica.org/covid19-resources.aspx>

### **Home workout Streaming Services**

- YMCA (free): <https://ymcanyc.org/ymca-home>
- Paid Services w/free trials: <https://www.cnbc.com/2020/03/16/best-home-workout-streaming-services-to-try-during-covid-19-pandemic.html>

### **National Center for Families Learning**

- <https://www.familieslearning.org/resources/out-of-school-time>
- <https://www.familieslearning.org/resources>

### **Teaching From Home**

- <https://www.today.com/parents/how-homeschool-during-coronavirus-crisis-t176020>
- <https://www.actionforhealthykids.org/resources-for-schools-and-families-during-covid-19-coronavirus/>

### **Family Dinner Conversation Starters**

- <https://redtri.com/20-questions-to-ask-at-the-dinner-table/>
- <https://redtri.com/26-great-conversation-starters-for-honest-family-discussions/>
- <https://www.urbanmommies.com/36-family-dinner-questions/>

### **Zoom Tutorial** to host or join meeting

- <https://www.youtube.com/watch?v=JIRfIUH8ENw>

### **For Your YPC and Students:**

#### **Incorruptible.us**

- <https://incorruptible.us/>
- <https://www.tobaccofreenj.com/>

**Drug Facts Challenge** an interactive game using scientific facts about the brain and addiction, marijuana, vaping, and more

- <https://teens.drugabuse.gov/teens/games/drug-facts-challenge>

**National Drug & Alcohol IQ Challenge** a short quiz available in English and Spanish which tests students' knowledge about drugs and alcohol

- [https://teens.drugabuse.gov/quiz/national-drug-alcohol-facts-week/take-iq-challenge/2019?utm\\_source=ndafwebblast&utm\\_medium=email&utm\\_content=nf&utm\\_term=NPnp&utm\\_campaign=ndafw-NDAFW2020](https://teens.drugabuse.gov/quiz/national-drug-alcohol-facts-week/take-iq-challenge/2019?utm_source=ndafwebblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=ndafw-NDAFW2020)

**SmokeSCREEN** addresses the range of challenges that young teens face, with a dedicated focus on youth decision-making about smoking and vaping (conventional cigarettes, electronic cigarettes, flavored tobacco products), and includes strategies for both smoking prevention and cessation. The play2PREVENT Lab at the Yale Center for Health & Learning Games received funding from the NIH and the FDA and generous support from the CVS Health Foundation to develop the program.

- <https://www.smokescreengame.org/>
- Request Access (free): <https://yale-medicine.secure.force.com/learninggames?origin=smokescreengame>

**National Institute on Drug Abuse Kahoots** covering a wide range of topics (substance use, vapes, stimulants, marijuana, prescription drugs)

- [https://create.kahoot.it/pages/test/dea33ab0-584e-4ed0-9464-5a1ec01b22aa?\\_id=1584372908](https://create.kahoot.it/pages/test/dea33ab0-584e-4ed0-9464-5a1ec01b22aa?_id=1584372908)

**MindMatters Series** developed by NIDA covers a wide variety of topic areas via different booklets, with each devoted to a specific drug or drug group. A teacher's guide is also included. The program is also available in Spanish.

- <https://teens.drugabuse.gov/teachers/mind-matters>

**Choose Your Path Videos** developed by NIDA which allow the viewer to determine the path of the teenager in the depicted situation based on their selected choices

- <https://teens.drugabuse.gov/videos/choose-your-path>

### **Physical and Mental Health:**

- YMCA At Home (free videos) <https://ymcanyc.org/ymca-home>
- Headspace <https://www.headspace.com/headspace-meditation-app>
- Calm <https://www.calm.com/>

## Rental Assistance Resources and Information

- **AHA Rental Assistance (CAP)** 732-876-3610
  - [aha-capintake@housingall.org](mailto:aha-capintake@housingall.org)
- **CARC** 732-774-3282
  - 913 Sewall Av, Asbury Park
  - [carcnj.org](http://carcnj.org)
- **United Way COVID-19 Community Economic Relief Fund** 866-211-9966  
They will help with bills, rent & food. Provide zip code and they will give a list of local agencies providing assistance

## Utility Assistance

- **AHA Utility Assistance** 732-982-8710
  - [NjPowerOn.org](http://NjPowerOn.org)
  - [utilityinfo@housingall.org](mailto:utilityinfo@housingall.org)
- **United Way COVID-19 Community Economic Relief Fund** 866-211-9966  
They will help with bills, rent & food. Provide zip code and they will give a list of local agencies providing assistance.

## Other Assistance

- **Jersey Shore Rescue Mission** 732-988-0242
  - **COAT GIVEAWAY**
    - 701 Memorial Drive, Asbury Park
    - Saturday, November 21, 2020
    - 10am – 1pm
    - **FREE COATS!**
    - **WOMEN'S, MEN'S & CHILDREN'S SIZES**

## Pharmaceutical Resources

### **Aberdeen/Matawan**

- Matawan Pharmacy (732) 705-3722
- Free Delivery

### **Allenhurst**

- Quick Med Pharmacy (732) 897-1500
- Free Delivery

### **Asbury Park**

- Home Drug Store Inc. (732) 774-3400
- Free Delivery

### **Atlantic Highlands**

- Bayshore Highlands Pharmacy (732) 291-2900
- Free Delivery

**Belmar**

- Belmar Pharmacy (732) 280-1600
- Free Delivery

**Colts Neck**

- Colts Neck Pharmacy (732) 780-5480
- Free Delivery

**Eatontown**

- Allentown Pharmacy (732) 542-7773
- Free Delivery

**Fair Haven**

- Rumson Pharmacy (732) 842-1234
- Free Delivery

**Farmingdale**

- Provision Pharmacy (732) 333-0226
- Free Delivery

**Freehold**

- Poet's Corner Pharmacy (732) 409-1100
- Free Delivery

**Hazlet**

- Medicine Shop of Hazlet (732) 888-7900
- Free Delivery

**Highlands**

- Bayshore Pharmacy (732) 291-2900
- Free Delivery

**Holmdel**

- Bayshore Homecare Pharmacy (732) 888-0303
- Free Delivery

**Howell**

- Future Pharmacy (732) 431-8170
- Free Delivery

**Keansburg**

- Drug Smart Pharmacy (732) 769-5550
- Free Delivery

**Keyport**

- Savon Drugs (732) 263-0904
- Free Delivery

**Little Silver**

- Little Silver Family Pharmacy (732) 741-1121
- Free Delivery

**Long Branch**

- West End Family Pharmacy (732) 229-2400
- Free Delivery

**Manalapan**

- Future Pharmacy (732) 851-7100
- Free Delivery

**Manasquan**

- Campbell's Pharmacy (732) 974-2929
- Free Delivery

**Marlboro**

- Marlboro Village Pharmacy (732) 617-6060
- Free Delivery

**Matawan**

- Matawan Pharmacy (732) 705-3722
- Free Delivery

**Middletown**

- Sun Ray Drugs (732)671-0350
- Free Delivery

**Monmouth Beach**

- Diamonds Pharmacy (732) 222-1299
- Free Delivery

**Neptune**

- Garden Pharmacy (732) 922-4142
- Free Delivery

**Red Bank**

- Parker Family Health Center (732) 212-0777
- Emergency prescription financial assistance available to existing patient

**Rumson**

- Rumson Pharmacy (732) 842-1234
- Free Delivery

**Shrewsbury**

- Shrewsbury Avenue Pharmacy (732) 530-2880
- Free Delivery

**Tinton Falls**

- Village Drugs (732) 542-7455
- Free Delivery

**Union Beach**

- Savon Drugs (732) 264-0904
- Free Delivery

**Wall**

- Colfax Pharmacy (732) 280-3535
- Free Delivery

**West Long Branch**

- Steven Drugs Pharmacy (732) 222-4411
- Free Delivery

## **Monmouth County Pantries**

### **Aberdeen**

**Matawan United Methodist Pantry | 478 Atlantic Av, Aberdeen | (732) 566-2996**

- 2<sup>nd</sup> and 4<sup>th</sup> Tuesday 6:30pm-7:30pm
- Thursday 10am-11:30am

**St. Joseph Church Pantry | 42 Wooley St, Aberdeen | (732) 290-1878**

- 1<sup>st</sup> Thursday 9am-1pm
- No Delivery Service

### **Allentown**

**Allentown Food Pantry | 20 High Street, Allentown (609) 259-7289**

- Mondays 10am-2pm
- Wednesday 10am-12pm
- No Delivery Service

### **Asbury Park**

Dinners for Your Neighbors

- Asbury Park Dinner Table has partnered with three local churches and the Boys and Girls Club to provide dinners for the families of Asbury Park.

**FREE – NO QUESTIONS ASKED – NO QUALIFIERS – NO ONE WILL BE TURNED AWAY**

- You can pick up meals for yourselves and your families every evening between the hours of 5:30 – 6:30pm at the following locations
- Second Baptist Church  
124 Atkins Av
- St. Stephens Amez  
1001 Springwood Av
- United Fellowship Baptist Church  
603 3<sup>rd</sup> Av
- Boys and Girls Club of America  
1201 Monroe Av

**Free Food in Springwood Park Asbury Park | Drive up or Walk up | No ID required**

- Fridays 10:30am-12:30pm
- 25lb box of produce plus milk available

**Bethel Food Pantry | 119 Atkins Av, Asbury Park | (732) 918-2600 (Fulfill)**

- Wednesday and Friday 10am-11:30 am

**CARC | 913 Sewall Av, Asbury Park | (732) 774-3282**

- **FREE Farmer's Market!**
- **Discontinued..... Last Market date will be**
  - Friday October 30, 2020
  - Hours: 11 am – 1pm
  - Please pre-register by calling 732-774-3282
  - Masks are required

**Faith Food Pantry | 1209 Bangs Av, Asbury Park | (732) 988-1816**

- 2<sup>nd</sup> and 4<sup>th</sup> Saturday 9-11am

**First United Methodist A.P. Pantry | 906 Grand Av, Asbury Park | (732) 775-2693**

- Closed

**Jewish Family Services | 705 Summerfield Av, Asbury Park | (732) 774-6886**

- Outdoor Food Pantry on the corner of Summerfield Avenue & Main
- Every Friday 10am-12pm

**Lutheran Church of Atonement Pantry | 308 First Av, Asbury Park | (732) 776-5727**

- 2<sup>nd</sup> and 4<sup>th</sup> Wednesday 10:30am-12:30pm
- No delivery service

**Salvation Army Pantry | 605 Asbury Av, Asbury Park | (732) 775-8698**

- Monday and Friday 9am-11am
- No delivery service

**Second Baptist Church Pantry | 124 Atkins Av, Asbury Park | (732) 774-5347**

- 2<sup>nd</sup> and last Saturdays 12pm-1:30pm
- Springwood Park

**St Augustine's Soup Kitchen | 155 Prospect Av | Asbury Park | (732) 774-3069 Ms. Lucas**

- Bagged lunch distributed in parking lot
- Sundays 12pm-1pm

**St Peter Claver Pantry | 1419 Springwood Av, Asbury Park | (732) 775-4157**

- Thursday 10am-1pm

**Trinity Last Resort Pantry | 503 Asbury Av, Asbury Park | (732) 775-5084**

- Tuesday 11am-1pm
- Saturdays hot meals served @ 11:30am-1pm

**Victory Tabernacle of Prayer Pantry | 1325 Asbury Av, Asbury Park | (732) 455-5836**

- 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 10am-1pm



### **Atlantic Highlands / Highlands**

**Our Lady of Perpetual Help Church | 141 Navesink Avenue (Rte. 36), Highlands | (732) 291-0272**

- **Shop a complete list of grocery items for curbside pick-up.**
- This is a unique Food Pantry where clients can "choose" their groceries.
- Summer Hours:
  - Sundays: 10:30 am to 11:30 am
  - Mondays: 5:30 pm to 6:30 pm

**Navesink United Methodist Church | 96 3<sup>rd</sup> Av, Atlantic Highlands | (732)291—0485**

***Emergency food bags available for residents of Highlands or Atlantic Highlands***

- **Monday/Thursday 9am-11:15am @ church parking lot on 3<sup>rd</sup> Av**
- **Thursday 4:30-6pm @ lot in front of skate park between Snug Harbor Av and Central Av**
- Please call and check their Facebook page for further information
- Handing out pre-bagged items only

### **Belmar**

**Calvary Baptist Church | 600 13<sup>th</sup> Av Belmar | (732) 681-0940**

- Tuesday 10am-12pm

**Belmar Food Pantry | 1000 17<sup>th</sup> Av, Belmar | (732) 681-4413**

- Tuesday, Wednesday and Thursday 10am-12pm

### **Bradley Beach**

**Bradley Food Pantry | 605 4<sup>th</sup> Av, Bradley Beach | (732) 775-0161**

- Monday- Friday 10am-12pm
- Thursdays 6pm-7pm
- Handing out pre-bagged items only
- No Delivery Service

### **Cliffwood Beach**

**Providence Baptist Pantry | 15 Lincoln Av, Cliffwood | (732) 566-4430**

- 3<sup>rd</sup> Saturday 8am-12pm
- No Delivery Service

### **Cream Ridge**

**Emley's Hill Good Samaritan Pantry | 69 Emley's Hill Rd, Cream Ridge | (609) 259-2166**

- Call first until further notice

### **Eatontown**

**Eatontown Food Coop | 15 Meridian Dr. Eatontown | (732) 547-8359**

- Open every other Wednesday 12pm-3pm
- No delivery service

**St. Dorothea's Pantry | 240 Broad St, Route 71 Eatontown | (732) 542- 0148**

- Now offering Masses
- Open 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month, Hours: 5pm-6:30pm
- 2<sup>nd</sup> & 4<sup>th</sup> Saturdays of the month, Hours: 9am-10:30am
- Delivery may be made available for vulnerable and disabled residents

### **Farmingdale / Howell**

**Howell Senior Center** will deliver food to seniors from food pantry  
Please call for more information (732) 938-4500

**The Mews Pantry | The Mews 2 Liron Lane, /Farmingdale (732) 919-6227**

- 1<sup>st</sup> and 3<sup>rd</sup> Wednesday 2:30pm-4:30pm

**Christ Church Pantry | 71 Oak Glen Rd, Howell | (732) 938-7500**

- 2nd Saturday 8:30am-12:30pm
- No Delivery Service

**Howell Food Pantry | 449 Adelpia Rd, Howell | (732) 938-2368**

- Next scheduled food distributions
- Monday August 10 from 10am-12pm
- Monday August 24 from 3:30pm-6:30pm
- Please call first! Pick- ups are for registered clients only

### **Freehold**

**St Rose of Lima Parish | 16 McLean St, Freehold | (732) 462-0859 or (908) 839-8508**

- [www.stroseoflime.com](http://www.stroseoflime.com)
- Non - emergency hotline for information assistance and referrals.
- Comfort calls or food assistance
- **Spanish and English**

**Neighbor Connections to Health/Fulfill**

**Freehold Family Health Center | 597 Park Av, Freehold**

- Week to week operation
- All distribution locations listed on website with days and times
- Check "Where to get help flyer" at: [www.freeholdboroughnj.org](http://www.freeholdboroughnj.org) under: **food updates**
- English contact Carly Trill (908) 692-7338 or email [Carly.trill@vnahg.org](mailto:Carly.trill@vnahg.org)
- Spanish contact Karen Ubeda (732) 547-7274

**NCTH Mobile Pantry:**

- 2nd Wednesday of each month at:
  - **Freehold Family Center Parking Lot**
  - 597 Park Ave, Freehold
  - Hours: 2pm-3pm
- 4th Friday of each month at:
  - **St. Rose of Lima Parking Lot**
  - 16 Mc Lean Street, Freehold
  - Hours: 1:30pm-2:30pm
- All volunteers and participants must abide by social distancing recommendations.
- Large crowds not allowed
- We ask if you are sick or in a high-risk category, please stay home
- If at all possible, please leave children / additional family members home

**Freehold Food Pantries** – Due to recent changes in scheduling and distribution, please check Freehold Borough website for updates on the following at this time:

- New Hope Pantry | 28 First St, Freehold | (732) 780-9210
- Open Door Pantry | 39 Throckmorton St, Freehold | (732) 780-1089
  - Tuesday and Thursday 10am-12pm in Broad St. parking lot
  - Monday and Wednesday 10:30-2:30 by appointment only
- Casa Freehold Pantry | 4 Jackson Street, Freehold | (732)409-3111
- YMCA | 41 Center Street, Freehold | (732) 845-5273
  - Monday/Wednesday/Friday 10am-1pm in Vineyard Park
  -

**Hazlet**

**St. John's UMC Pantry | 2000 Florence Avenue, Hazlet | (732) 264-1236**  
**Facebook page is [facebook.com/StJohnsUMCFoodPantry](https://www.facebook.com/StJohnsUMCFoodPantry)**

- Thursdays 5:30pm – 7pm

**Holmdel**

**St Benedict |165 Bethany Road, Holmdel | (732) 264-5578**

- **St Vincent de Paul Society**, extension 34
- Call ahead for information

**Keansburg**

**Project Paul | 211 Carr Avenue, Keansburg | (732) 787- 4887**

- Wednesday & Friday 9:45am -12:45am
- No Delivery Service

**St. Marks | 247 Carr Avenue, Keansburg | (732) 787- 3520**

- Serving lunch outside daily 12pm -1pm ( takeout only)
- Pantry open Tuesday and Saturday 9am- 11am
- No Delivery Service

**Keyport**

**Keyport Ministerial Food Pantry | 42 Elizabeth St, Keyport | (732) 888-1986**

- Tuesday and Thursday 9:30am-11:30am

**Keyport Delivery Resource | PO Ken Tiejn Memorial Foundation | (732) 795-0800**

- Grocery delivery, Prescriptions, volunteers
- Assistance offered with grocery delivery and prescriptions for elderly seniors and homebound residents.

**Little Silver**

- **Volunteer resource | PO Ken Tiejn Memorial Foundation | (732) 795-0800**
- Shopping and delivering meals for seniors and those who are homebound. Foundation has partnered with local police to provide service. Call for details

**Long Branch**

**Christ the King Pantry | 408 Prospect St, Long Branch | (732) 222-3216 x116**

- Wednesdays 11:30am-1pm

**First Baptist Pantry | 499 Bath Av, Long Branch | (732) 229-1453**

- 2<sup>nd</sup> Thursday 12pm-4pm
- 4th Thursday 12pm-4pm
- No Delivery Service

**St. Brigid's Pantry | 300 Broadway, Long Branch | (732) 222-1411**

- Mondays and Wednesdays 11am-1:30pm
- Soup Kitchen Wednesdays 11am-1:30pm
- Please call to check times

**St. Luke's United Methodist Pantry | 535 Broadway, Long Branch (732) 222-1341**

- Every Friday 3pm-5pm
- Soup kitchen - Tuesdays 4pm-5pm (takeout only)
- No Delivery Service

**St Michael's | St. Vincent De Paul Pantry | 800 Ocean Av, Long Branch | (732) 483-0360**

- 3<sup>rd</sup> Saturday 12pm-4pm

### **Manalapan / Marlboro / Morganville**

**Samaritan Center Food Pantry** | 211 Route 522, | Manalapan | (732) 446-1142

- Closed
- If in need of food please call (732) 239-5986

**Community Refuge Church** | 4 Sobechko Rd | Manalapan | (732) 446-2230

- Host Pop-up Pantries periodically
- We will update when information is available

**Monmouth Worship Ctr. Pantry** | 37 Vanderburg Rd | Marlboro | (732) 332-9600

- Sundays 1pm-3pm
- And by appointment
- No Delivery Service

**Hindu American Temple & Cultural Center** | 31 Wooleytown Road, Marlboro | (732) 972-5552

- Call between 8:30-11:30am or 4:30-8pm to register
- Daily 5:30pm-7:30pm
- Packaged food available for drive-thru pick-up
- **NOTE:** Enter the 31 Wooleytown Rd. gate for pick-up & exit the same way

### **Manasquan**

**Hope Pantry Community Church** | 23 Taylor Av, Manasquan | (732) 223-4115

- Sundays 1-2pm and by appointment

**Manasquan Food Pantry** | 16 Virginia Av, Manasquan | (732) 223-0898

- Monday and Tuesday 10am-1pm
- Thursday and Friday 1pm-4pm
- 3<sup>rd</sup> Thursday open until 6pm
- No delivery Service

### **Matawan**

**Matawan United Methodist Pantry** | 478 Atlantic Av, Matawan | (732) 566-2996

- Thursday 10am-11:30am
- 2<sup>nd</sup> and 4<sup>th</sup> Tuesday 6:30pm-7:30pm

**Matawan Food Pantry** | 201 Broad St, Matawan | (732) 566-2663

- Last Saturday of the month 8am-12pm

### **Middletown**

**Calico Cat Pantry** | 96 Kings Highway, Middletown | (732) 671- 8775

- Wednesday 9am-12pm
- Pre-packaged bags for pick up outside only

**Township of Middletown | Middletown Helps its Own | (732) 787-3604**

[www.mhio65@gmail.com](mailto:www.mhio65@gmail.com)

## **Neptune**

### **FPC Food Outreach | 142 Oxonia Av, Neptune | (732) 775-8174**

- 1<sup>st</sup> and 3<sup>rd</sup> Monday 5pm-7pm
- Wednesday 12pm-2pm
- Saturday 12pm-2pm

### **Greater Emanuel Food Pantry | 423 Drummond Av, Neptune | (732) 774-1963**

- 2<sup>nd</sup> Tuesday 11am-3pm and 3pm-5pm
- 2<sup>nd</sup> Sunday 1pm-3pm

### **Mt. Olivet | 1707 Washington Av, Neptune | (732) 775-4333**

- 1<sup>st</sup> Wednesday
- Please call to register first
- No delivery service

### **Jersey Shore Dream Center | 1710 Columbus Av, Neptune | (877) 391-5732**

- Tuesdays and Wednesdays 11am-1pm

### **St Peter's Primitive Baptist Church | 211 Belmont St, Neptune | 732-988-3910**

- 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 10am – 2pm

## **Oakhurst**

### **Sephardic Bikur Holim Pantry | 200 Norwood Av, Oakhurst | 732-531-1117**

- Call for food assistance

## **Ocean Grove**

### **St. Paul's Ocean Grove | 81 Webb Av, Ocean Grove | (732) 775-1125**

- Thursday 3pm-5pm

## **Red Bank**

### **BPC Food Pantry | 247 Broad Street, Red Bank | (732)747-0446**

- Monday 5:30pm-7:30pm
- Pre-packaged only
- Curbside pick-up only
- Only 1 family member per pick-up
- All are welcome / No proof of residency required
- No Delivery Service available

### **JBK Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please**

**For information refer to the website: [jbksoulkitchen.org](http://jbksoulkitchen.org)**

- Open for Take-out for their in-need community only
- Meals ordered & distributed in the outdoor space only (limited menu)
- Mon/Tues Closed
- Wednesday - Saturday 4:00pm-6:00pm
- Sunday 10:30am-11:30am
- No Delivery Service available

**Lunch Break | 121 Dr. James Parker Blvd, Red Bank | (732)747- 8577**

- Non-perishable and monetary donations only
- Claire's Closet is suspended until further notice
- Food Pantry (bagged groceries distributed at back door only of the Client Choice Pantry)
- Mon/Tues/Thurs/Fri 10am-3pm
- Wednesday 10am-6pm
- Saturday 9am-12pm
- No Delivery Service available

**Lunch Break Soup Kitchen**

- Meals distributed "to go" at the blue doors of the dining room
- Continental Breakfast, Monday - Friday 8:30-10am
- Hot Lunch, Monday – Friday 11am-1pm
- Community Dinner, Fridays 6pm-8pm
- Saturday Breakfast, 10am-12pm

**Parker Family Health Center | 211 Shrewsbury Ave, Red Bank | (732)212-0777**

- "Mobile Pantry hosted by PFHC & Fulfill
- Every 1<sup>st</sup> Thursday of the Month
- Hours: 1pm-2pm
- Please bring your own bags
- Everything is offered for free
- No ID required

**Pilgrim Baptist Church | 172 Shrewsbury Ave, Red Bank | (732)747-2343**

- Host Pop-up Pantries periodically
- We will update when information is available

**Red Bank Family YMCA | 166 Maple St, Red Bank | (732) 741-2504**

- [No service available at this time](#)

**Salvation Army | 180 Newman Springs Rd, Red Bank | (732) 747-1626**

- Food Pantry by appointment only

**St. Anthony's Pantry | 121 Bridge Av, Red Bank | (732) 747-0813**

- Mon-Tues 6pm-7pm

**Tinton Falls**

**Glad Tidings Pantry | 4012 Asbury Av, Tinton Falls | (732) 922-9189 Ehesek Hill**

- 2<sup>nd</sup> Tuesdays 5-7pm
- 4<sup>th</sup> Mon 5-7pm

**Collingwood SDA Pantry | 276 Shark River Road, Tinton Falls | (732) 922-1675**

- 4<sup>th</sup> Monday 2pm-6pm

**Union Beach**

**Faith Chapel | 1015 Union Av, Union Beach | (732) 264-5248 Ruth Allen**

- [Loaves and Fishes Emergency Pantry](#)
  - 3<sup>rd</sup> Saturday 9am-1pm

**Friends of Bayshore** | (732) 320-2441 John Merla

- Delivery and food services
- Deliver meals, medicine, groceries and may pay for medication

**RAINE Foundation | Reaching All In Need Every Day** | (732) 865-3555

- Contact [www.rainefoundation.com](http://www.rainefoundation.com)
- **RAINE** is a foundation created to assist children in crisis providing assistance with food, clothing, emergency housing and other necessities (732) 865-3555
- Serving the Bay Shore area including Keyport, Keansburg, Union Beach, Hazlet, Holmdel, Matawan and Middletown.

**Wall**

**Abundant Grace Pantry** | 4041 Squankum-Allenwood Rd, Wall | (732) 835-2726

- Wednesdays 3:30pm-5:30pm
- No Saturdays

**West Long Branch**

**Ezekiel's Wheels** | (732) 618-2440 | Rev. Sue

- Care packages, grocery shopping for homebound

**Reformation Food Pantry** | 992 Broadway, West Long Branch | (732) 229-9180

- Tuesday
  - Hours: 7pm-8:30pm
- Saturday
  - Hours: 8:30am-10am
- No Delivery Service

**BLESSING BAG BRIGADE NJ** | 125 Red Hill Road, Holmdel NJ

A non-profit organization dedicated to showing compassion and humanitarianism toward the homeless and those in need.

- They collect and distribute men's socks, snack foods, including breakfast bars, water bottles, shampoo, body soap, toothbrushes, travel sized toothpaste, lotion, deodorant, razors and more.
- They have more than 20 drop off locations in Monmouth County.
- Currently serving GRAB N GO lunches at St. Peters in Freehold Wednesday and Thursdays from 12pm-1pm.
- Please sign up at: <https://www.sighupgenius.com/go/60b084fa9a92da4f49-stpeters>

**Blessing Bag Brigade will work with volunteers to deliver food to the elderly by request only, at: [www.blessingbagbrigadenj.org](http://www.blessingbagbrigadenj.org)**

For more information follow them on FACEBOOK | Founder is Kevin P. Garrison



## **Free School Breakfast | Lunch | After-School Meals Information for Monmouth County**

**Hunger Free New Jersey | [hungerfreenj.org](http://hungerfreenj.org)**

### ***Aberdeen-Matawan Regional School District (732) 705-5320***

- Breakfasts will be served in classrooms.
- Lunch will be take home bag style unless you're a full day student.
- Meals will be delivered to classrooms and provided to eligible students using a grab and go style unless you're attending "full day". These students will eat in classrooms following social distancing at least 6' apart.
  - Meals will be pre-ordered, both breakfast and lunch
  - An option to order by the month will be available and encouraged to ensure successful delivery of meals.

### ***Asbury Park***

When in full remote instruction, meals can be picked up for children under the age of 18 between the hours of 10am and 1pm.

Distribution Locations:

- Dr. Martin Luther King Middle School at 1200 Bangs Avenue, Asbury Park
- Thurgood Marshall Elementary School at 600 Monroe Av. Asbury Park.
- Martin Luther King Upper Elementary School at 1200 Bangs Av, Asbury Park
- Thurgood Marshall Elementary School at 600 Monroe Av, Asbury Park

Students receiving classroom instruction K-12 will be provided with breakfast in cafeteria or gymnasium adhering to social distancing guidelines. Lunches will be grab and go.

### ***Colts Neck***

- During Phase I and II of the Colts Neck Township Schools Restart and Recovery Plan, meals will not be provided and the district will operate under its short session schedule for students.
  - While students are eating snacks for students who are in Colts Club Aftercare, students shall bring food and drinks from home. Students will wash their hands prior to eating their lunch and practice good hygiene
  - Outdoor spaces will be utilized for student's snacks and meals for students in Colts Club Aftercare.
  - When students cannot eat outside due to inclement weather, students will be seated in socially distanced spaces, facing the same direction.
- During Phases III and IV when cafeterias or group dining areas are used in the school district, the school district will incorporate the following into the District's Plan, if applicable:

- Stagger times to allow for social distancing and clean and disinfect between groups.
- Discontinue family style, self-service, and buffet.
- Clean and sanitize tables/surfaces between each meal service, pursuant to the protocols outlined by the EPA.
- Space students at least six feet apart (if applicable).
- Require individuals to wash their hands after removing their gloves or after directly handling used food service items.

### ***Eatontown***

**Grab and Go** lunches will be provided to students in the following manner and will be shelf stable as well as made available for students to take home in a box/bag containing multiple meals:

- Monday and Tuesday (A-L) students: Breakfast will be served; students will come through the line to be served and go directly to a seat where they will sit 6 feet apart.
- Lunch will be distributed to classrooms at the end of the day. On Tuesdays (A-L) students will take home enough breakfast and lunch meals for three days (Wednesday, Thursday, Friday).
- Thursday and Friday (M-Z) students: Breakfast will be served; students will come through the line to be served and go directly to a seat where they will sit 6 feet apart.
- Lunch will be distributed to classrooms at the end of the day. On Fridays (M-Z) students will take home enough breakfast and lunch meals for three days (Monday, Tuesday, Wednesday).

### **Eatontown Breakfast procedures:**

- Students enter the cafeteria wearing a face covering single file maintaining social distancing guidelines to get their food and check out. Students will be provided guidance where to sit and stay socially distant.
- Lunch will be distributed to classrooms for students to take home.

### **Eatontown Lunch procedures:**

- Preschool will be served breakfast and lunch in the classroom. 8am-10am and 12:30pm 2pm at Memorial Middle School.

- On Monday, September 14, 2020, normal distribution will begin on Mondays only. Should you have any questions or concern, please do not hesitate to call our food service manager Valerie Chernish at (732) 935-3324 ext. 1031.

## **Fair Haven**

### **1. Eating in the classroom**

- a. During Phase 1, Phase 2, and Phase 3 or reopening, snack opportunities may be provided to students within the classroom
  - i. Any food consumed in the classroom shall be nut free to ensure student safety
  - ii. Additional allergy considerations will be made on a case by case basis depending on additionally identified allergies present

### **2. Lunch**

- a. Lunch will not be included in daily schedule during Phase 1, Phase 2, or Phase 3 of the district's reopening plan
- b. Lunch service for free and reduced students will be facilitated via family pickup paid for by the school district and provided by a locally approved vendor during Phase 1, Phase 2 and Phase 3 of reopening.

### **3. Lunch during Phase 4**

- a. Lunch during Phase 4 of reopening will be provided in school and free and reduced lunch will be facilitated by typical district protocols
  - i. Lunch during Phase 4 will be eaten in the classroom
  - ii. Any food consumed in the classroom shall be nut free to ensure student safety
  - iii. Additional allergy considerations will be made on a case by case basis depending on additionally identified allergies present
  - iv. The district will provide classroom bins and delivery carts labeled with room numbers to facilitate lunch deliver within the classrooms during Phase 4 or reopening

### **4. Leaving school grounds for lunch**

- a. Middle school students will not be permitted to leave the school grounds for lunch until all COVID-19 related restrictions have been lifted and normal school operations resume

## **Freehold**

Full Day or Half Day Plan as follows for students in district

- Breakfast in the cafeteria after the bell.
- Lunch grab and go containing current day and next day lunches.

Full Day or Half Day Plan for students on virtual instruction.

- Breakfast and Lunch Food distribution from the YMCA Community Center 9am-12pm 41 Center Street, Freehold on Mon/Wed/Fri

## **Hazlet**

### **Students K-6**

- Meals will be served in classroom at the conclusion of the day.
- Students will order meals in homeroom and meals, both lunch and breakfast for the next day, will be delivered to the classroom for distribution.

### **Students 7-12**

- Parents are encouraged to assist middle schoolers with pre-ordering meals at home the night before each in-person school day.
- At the conclusion of block 4, students will pick up their “to go” meals in the cafeteria as they exit the building. (Both lunch for the day and breakfast for the next day)
- Students will pick up their “to go” meals for their virtual days along with their same day meal order. All guidelines for free and reduced meals will be observed

## **Holmdel**

Critical Area of Meals, Holmdel Township Schools will provide meals to free or reduced students who are learning remotely in the following ways:

- Meals will be distributed in bulk as grab and go packs on Mondays for several hours in the morning.
- Food service personnel and individuals picking up meals will be required to wear face coverings.
- Individuals picking up meals will be urged to maintain social distance while waiting to pick up their meals.

## **Howell**

In cases where dining areas are adjacent to each other, students will be required to remain with their cohort group.

- Students will wear facial coverings when entering these group dining areas and while getting their lunch.
- Students who bring their lunch will be seated upon entering the dining area.
- Students buying their lunch will maintain social distance as they approach the lunch counter.

- Lunches will be served by appropriately trained food service personnel wearing appropriate PPE. Students will not self-serve lunch from a buffet or partake in family style dining.
- Students will maintain social distance while waiting to pay for their meal.
- Students will be seated at tables which allow for social distancing to the maximum extent possible.
- Tables will be cleaned pursuant to the protocols outlined by the EPA and disinfected between groups of students.
- Staff will be required to wash their hands after removing their gloves or after directly handling used food service items. In the Critical Area of Meals, Howell Township Public Schools will offer breakfast to students in grades PRE K - Grade 8 in the following manner:
  - Students may receive breakfast from a cart.
  - Students will wear facial coverings when approaching the cart.
  - Students will not touch the food, but will be given wrapped items by food service personnel.
  - Students will wear facial coverings when approaching the cart.
  - Students will not touch the food, but will be given wrapped items by food service personnel.
  - Students will consume breakfast in their first period class.
  - Desks will be wiped down with disinfectant wipes following breakfast.

In the Critical Area of Meals, Howell Township Public Schools will provide meals to students who are learning remotely in the following ways:

- The following plan is pending approval from applicable agencies.
- Meals will be distributed in bulk as grab and go packs on Fridays for several hours in the morning.
- Meals will be distributed in the lobby of four school locations and via school buses which will stop at 31 stops in the more remote locations of the Township.
- Both breakfast and lunch meals will be included.
- Meals will be offered to all students, if allowable by waiver, but emphasis will be placed on notification to the student population who qualify for free or reduced meals.
- Food service personnel and individuals picking up meals will be required to wear face coverings.
- Individuals picking up meals will be urged to maintain social distance while waiting to pick up their meals.

### ***Keansburg***

Breakfast and lunch K-12 will serve lunch to all students on site utilizing “grab and go” stations. Distribution for students in school:

- Preschool lunch in classrooms with a “grab and go” breakfast.”
- Caruso School, Bolger School and Keansburg High School meals will be given to students at the exit.

Distribution for students Remote Only:

- There will be a 2 day pick up on Mondays and Wednesdays at their respective schools.

### ***Little Silver***

- Students will be provided with meals on a grab and go basis at dismissal.
- All food containers will be disposable. Hand sanitizer will be made available in food service and eating areas. All surfaces, tables and chairs will be sanitized and cleaned after lunch service.
- Lunch will be provided as “grab and go only”. Meals served will not be intended to be consumed in the building and taken home. Unless for a self-contained class which can be eaten on premises in designated locations by building.
- Students will be dismissed in phases to accommodate social distancing and less traffic flow. Markham Place students who wish to purchase lunch will proceed to the cafeteria to pick up prepaid lunch. Point Road students will have prepaid lunch outside the classroom for easy pickup. Signage will be on floors, doors and walls to remind of social distancing. Cashless payment will be encouraged. Parents will be encouraged to fund their student’s meal accounts to lessen the need for cash payment.
- A barrier will be placed between food service staff/cashier and students.
- Reach in drink refrigerators will not be available for students to grab and purchase, only a designated lunch employee can utilize. Water fountains will be closed, however, bottle fillers on the water fountains will be available for student and staff use. These dispensers will be sanitized throughout the day.
- In the event of a change in daily educational requirements that allows for relaxation of current directives and the schedule allows for in person consumption of meals, the custodians will fully clean and sanitize after each meal period. The district will implement new meal period schedules to allow for full cleaning and any other directive required to be followed. Once the district moves to Phase 4 of the reopening process social distancing guidelines will be adhered to in lunch room spaces.

### ***Long Branch***

Grab and Go meals will be provided for ALL children who want them.

- Parents may go to location nearest to them
- Pick up days are Mon/Wed/Fri and will include meals for extra day/days
- Pick up time is 11:30am-1:00pm

4 Pick-up Locations available

- Gregory School | 201 Monmouth St, Long Branch
- Lenna Conro School | 835 Long Branch Av, Long Branch
- Holy Trinity School | 375 Exchange Place, Long Branch
- Long Branch Middle School | 350 Indiana Av, Long Branch

### ***Manalapan/Englishtown***

Meals available for PICK-UP only.

- Parents required to pick up meals at designated time and location.
- All meals must be pre-ordered the week prior.
- Orders completed on Thursday for the following week.
- Pre-ordering is required for students participating in “in person” instruction.

Pick-up window

- Manalapan/Englishtown Middle School 155 Millhurst Rd, Manalapan
- Tuesdays 3-4pm

### ***Middletown***

- Food services will provide a “grab and go” style lunch for our Free and Reduced lunch student populations and will be made available, upon request, with the entire school population.
  - A Pre-order “app” will be created and available for all parents and Students.
  - The Pre-order “app” may also be used to order meals to take Home for virtual instruction days.
  - The Food Service Department will provide breakfast for the following school day when distributing lunches in coordination with the Pandemic Response Team.
  - Lunches (and the next day’s breakfast) will be distributed at the end of each shortened school day.
  - Each school will provide a procedure and location that is efficient, accessible, and discrete for students to acquire their lunch/breakfast.
  - With standard lunches and lunch times not available, schools will utilize the unused lunchrooms / APR’s, if possible, to assist in scheduling and reducing class size or maximizing 6 ft. distancing.
  - Any student that receives/purchases a lunch or breakfast, will not be permitted to eat food during the course of the school day, except for those whose classes are scheduled for a full day of instruction on-campus.
  - Food Services, Principals, and Pandemic Response Team will coordinate distribution of lunch/breakfast for after school care students that Receive/purchase lunch.
  - Students who are receiving instruction 100% virtually will be able to pick up pre-ordered meals on dates/time and at designated locations that will be determined and published before the start of school.

## ***Neptune /Tinton Falls***

### **Food Services during All-Remote Instruction:**

- Meal service starts on Friday, September 4th. Children 18 years of age or younger are eligible for two meals per day, six days per week.
- Meals will be distributed three days per week: Monday, Wednesday & Friday. Each distribution will include two Breakfasts and two Lunches per child.
- All meals will be provided at no charge to families.
- No identification is required.
- **Pickup Locations & Hours:**
  - Midtown Community School: 10:30AM – 12:00PM (Atkins Avenue Portico)
  - Summerfield Elementary School: 10:30AM – 12:00PM (S.W. Cafeteria Entrance)
  - Neptune High School: 12:30PM – 2:00PM (Rear Driveway)
- The provision of free meals to all students is based on the availability of funding from the United States Department of Agriculture. Changes during the school year are anticipated. To secure meal benefits for the entire school year families are strongly encouraged to submit the annual Application for Free & Reduced Price Meals.

## ***Red Bank***

The district's goal is to continue to feed our children. However, social distancing and other space restrictions force us to put the traditional cafeteria feeding model on hold.

For **in person instruction** students:

- Breakfast will be provided and offered as a "Grab and Go" option for students to take home and eat prior to arriving at school.
- Lunch will be delivered and consumed in the classroom through a bagged lunch system. Students will eat in waves in order to reduce the amount of time without a mask.

For **virtual instruction** days, students:

- will receive a "Grab and Go" bag which includes breakfast and lunch prior to leaving for the day. If students are in school in person two days per week, they will receive meals for three days when they leave school and are on virtual instruction.

For **full remote learning** students:

- We plan to distribute meals outside of Red Bank Primary School and Red Bank Middle School. Multiple meals will be included in the "Grab and Go" format.
- Families will be required to order in advance.



## **Rumson**

The Rumson School District is currently operating with a hybrid model / half days of schooling and is currently not serving lunch due to early dismissal.

- Although the district is a non-participant in the Free / Reduced Lunch Program due to low program enrollment, they still offer financial and feeding support directly to families in need.
- Free and Reduced Forms are available on the website
- Please contact Mrs. Denise McCarthy if you or someone you know in the school district is in need of support.
  - [dmccarthy@rumsonschool.org](mailto:dmccarthy@rumsonschool.org)
  - 732-842-0354
- All information is completely confidential

## **Rumson – Fair Haven**

School Lunch for the start of the 2020-2021 school year, during our Hybrid Schedule, a grab and go option will be available to students for both breakfast and lunch.

- Students will use their school issued student identification cards to purchase food using their MySchoolBucks account for payment.
- Cash or checks will not be an option.
- Pre-ordering lunches may be preferred and the process may be provided as we get closer to school.
- Please be on the lookout for details. After we return to full school days and are no longer on a hybrid schedule, we will return to normal food service operations, where the following will apply. The Cafeteria Menu is posted monthly on the school website for your reference.
- RFH is continuing with MySchoolBucks, an online school lunch account.
- Online payments and account creations will become active on August 24.
  - • New Parent Account - If you currently do not have an account with MySchoolBucks and would like to create an account, please see the instructions. You will also receive an email with your child's student ID number (6 or 10 digit number) from [rfhbulldogs@rumsonfairhaven.org](mailto:rfhbulldogs@rumsonfairhaven.org) prior to August 24.
  - • Accounts from 19-20 School Year - All accounts (Grades 9-11) from last school year will roll over to the 20-21 school year. Any remaining balance will be on the account in September.
  - • Already have an Account and have a New RFH Student Entering RFH - You can have multiple students associated to one account. You can log into your current MySchoolBucks account and click on "Add a Student." School Lunch Account Auto-Payments:
    - • Please log into MySchoolBucks.com to confirm or adjust any auto-payments that were set last school year. Auto-payments that were active at the end of the 19-20 school year should remain active for the upcoming school year. Please contact Chris Alworth ([calworth@rumsonfairhaven.org](mailto:calworth@rumsonfairhaven.org)) with any questions regarding MySchoolBucks and School Lunch Accounts.

The National School Lunch Program offers free and reduced-cost lunches for students who qualify. Even though RFH is not participating in the program, the same guidelines will be followed for those that meet the criteria. Please contact the Business Office at 732-842-1597 ext. 651 for more information or [click here for more information](#).

### ***Tinton Falls***

Tinton Falls School District will continue the availability for low-income students to have meals throughout the school day whether the school is operating full-day, half-day, or full remote learning.

- Phase I plan is to have the full remote day of the week to include breakfast/lunch pick-up that will provide lunch meals for a full school week.
- Phase II will change to 4 full-days of in school instruction which lunch will be served.
- Pick-up meals will still be available for those low-income students who choose to continue remote instruction as permitted by the NJDOE.

### ***Wall***

During Phase 1 of the district reopening plan, all students will follow an early dismissal schedule, which does not include a lunch period.

### ***West Long Branch***

When the cafeteria or group dining areas are used. WLB will:

- Stagger times to allow for social distancing, and clean and disinfect between groups.
- Discontinue family style, self-service, and buffet.
- Clean and sanitize tables/surfaces between each meal service, pursuant to the protocols outlined here by the Environmental Protection Agency (EPA).
- Space students at least six feet apart.
- Require individuals to wash their hands after removing their gloves or after directly handling used food service items.

WLB will:

- Serve meals in classrooms, grab/go, or outside when possible instead of a group dining area.
- Serve individually plated meals or meals in pre-packaged boxes or bags.
- Ensure students are not sharing food.
- Use disposable food service items (e.g., utensils, dishes).
- Encourage proper hand washing before and after eating meals.

Please note: Breakfast and Lunch will be available for students through pre-ordering grab/go service only during our half day sessions to start the year.

## **Food Delivery/Pick-up Resources & Services in the Monmouth County Area**

### **Meals on Wheels | (732) 775-0525 | [www.interfaithneighbors.org](http://www.interfaithneighbors.org)**

- Meals on wheels is providing a Noonday meal.
- In response to the COVID 19 health crisis, many enhanced personal facility and vehicle safety protocols have been added to ensure safety of all volunteers, staff and seniors.
- Please understand that the delivery system is under stress at the moment.
- Contact Meals on Wheels to join their program.

### **Umbrella | (844) 402-2480 | <https://www.askumbrella.com/services>**

- Contact-free grocery & medication delivery available nationwide
- Individuals can provide shopping list or ask for a pick-up for an order already placed
- They will charge your credit card the cost of the essentials (if they shop for you) plus a \$10 suggested contribution to support their COVID response efforts after the delivery is completed
- To request a delivery or to find out if service is available in your area:
  - Call: (844) 402-2480
  - Sign-up online : <https://www.askumbrella.com/request-delivery>

### **Instacart.com | [www.instacart.com](http://www.instacart.com)**

- Instacart now has “Leave at My Door Delivery” available to all customers.
- With Instacart, you can shop at the following:
  - Acme,
  - Aldi
  - BJ's
  - Costco
  - CVS
  - Foodtown
  - Petco
  - Sam's Club,
  - Shoprite
  - Target
  - Wegmans
  - Deans Market

### **Peapod.com | [www.peapod.com](http://www.peapod.com)**

- Operated by Stop 'n Shop

### **Uber Eats Delivery**

[www.ubereats.com](http://www.ubereats.com)

### **Grub Hub Delivery**

[www.grubhub.com](http://www.grubhub.com)

### **Door Dash Food Delivery**

[www.doordash.com](http://www.doordash.com)

### **Bring Me That Food Delivery**

[www.bringmethat.com](http://www.bringmethat.com)

### **Steaks and Seafood delivered to your door**

[www.madeyouhungry.com](http://www.madeyouhungry.com)

### **Healthy Meals delivered ready to eat**

[www.mamasezz.com](http://www.mamasezz.com)

### **Healthy Meal Kits ready to cook:**

[www.hellofresh.com](http://www.hellofresh.com) & [www.homechef.com](http://www.homechef.com)

## **Food Delivery/Pick-up Businesses in the Monmouth County Area**

### **MV Silveri and Sons Inc. | 1095 Towbin Ave, Lakewood | (732) 818-0107**

Wholesale Produce Distributor providing Home Bulk Delivery services to families.

To set up an account - Please email them your full name, delivery address, and phone number.

They'll create an account number for you.

Their online store is open you can shop away, checkout, and pay by credit card.

After your order is placed allow 2-4 Business Days for delivery of your products.

Click on "Direct to Consumer" <https://www.mvsilveri.com/>

You can also follow them on Facebook for news & updates. <https://www.facebook.com/mvsilveri/>

- Office Hours 8am-4pm
- Tel. 732-818-0107 / Fax 732-818-0109 / Email [mikejr@mvsilveri.com](mailto:mikejr@mvsilveri.com)
- \$125 minimum for delivery – call or email by 10pm for next day delivery
- \$50 minimum for pick-up @ their warehouse (you'll see a sign for pick-up at rear of building) – please call ahead for pick-up 732-818-0107

### **A&J Produce Co. | 506 Atkins Ave, Neptune | (732) 774-7755**

Local and family owned produce distributor open to the public

- [ajproduceco@yahoo.com](mailto:ajproduceco@yahoo.com)
- <https://ajproduceco.wixsite.com/home>
- Monday – Friday 6am-4pm
- Saturday - 6am-1pm
- Pick-up available
- Delivery available

### **Cutler Produce Wholesale and Delivery | 749 Hope Rd, Eatontown | (732) 380-0620**

- [www.cuttlerproduce.com](http://www.cuttlerproduce.com)
- Order online
- Delivery available

### **JBJ Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please**

**For information refer to the website: [jbsoulkitchen.org](http://jbsoulkitchen.org)**

- You can now enjoy **JBJ Soul Kitchen** meals at home and continue to support their mission of helping feed families in the community.
- They now offer delicious and healthy three-course meals TO GO via GloriaFood's online ordering system.
- The Link is: <https://jbsoulkitchen.org/to-go-meals/>
- Choose your favorites and pick them up curbside at either location:
  - Red Bank
  - Toms River

- **Each \$20 entree comes with your choice of soup or salad AND one dessert. In addition, kid entrees are now complimentary with a purchase of one regular entree.**
- *Please note, when ordering on this system you must purchase at least one entrée for your order to be accepted in the system*

**Water Witch Coffee | 67 Waterwitch Av, Highlands | (732) 204-2694**

- [www.waterwitchcoffee.com](http://www.waterwitchcoffee.com)
- Local and family owned café currently providing produce and prepared meals for sale
- Open 7am – 5pm everyday

***Important: NJ SNAP recipients will be able to use their benefits card to order groceries from Amazon starting on May 27.***

***Walmarts, ShopRites and The Fresh Grocers that that provide online shopping will also accept online ordering with SNAP benefits starting on May 28.***

- Recipients will be able to use their Families First Electronic Benefits Transfer card to purchase eligible groceries from the participating retailers.
- Under federal rules, SNAP benefits cannot be used to pay for delivery fees.
  - For Amazon, recipients can visit [Amazon.com/SNAP](https://www.amazon.com/SNAP) to register their EBT card.
  - For Walmart, recipients can visit <https://www.walmart.com/ideas/discover-grocery-pickup-delivery/walmart-grocery-pickup-accepts-snap-ebt-payments/355540> to learn about Walmart's SNAP online program.
  - For ShopRite, recipients can visit <https://shop.shoprite.com/globaldata/banner-pages/shoprite-from-home>
  - For The Fresh Grocers, recipients can visit <https://shop.thefreshgrocer.com/>
- Any Walmart, ShopRite or The Fresh Grocers that currently provides online shopping will also accept online ordering with SNAP benefits.\
- "For those New Jersey families who may have difficulty getting to the grocery store - and that may be for a variety of different reasons -- using SNAP benefits online can make the basics of feeding yourself or your family a little less complicated," **said Human Services Assistant Commissioner Natasha Johnson, who directs the Division of Family Development that oversees NJ SNAP.** "We continue to urge residents to visit [njhelps.org](http://njhelps.org) to learn more and apply for food assistance and other benefits."

#### **Walmart**

- Grocery delivery orders taken between 11am-7pm
- Place orders online or by using Walmart app choose pick up or delivery
- First hour of store opening is for elderly and “at risk” shoppers

#### **Target**

- Orders placed online only
- First hour of store opening is for elderly and “at risk” shoppers

#### **ShopRite**

- Delivery orders placed online only
- Must sign up using ShopRite card number
- First hour of store opening is for elderly and “at risk” shoppers

#### **Foodtown**

- **Foodtown On the Go store** now available for home delivery services
- To place an order, contact your local Foodtown for more information
- Orders can be placed on-line
- Store has a designated elderly or “at risk” checkout lane

#### **Stop and Shop**

- Delivery and pick up orders operated by Pea Pod
- Stores designated hours for elderly and “at risk” shoppers 6-7:30am

#### **Lidle Market**

- Delivery available with a membership at Shipt.com.
- Membership fee is now \$49.00, regularly priced at \$99.00
- Designated shopping hours for “at risk” shoppers 7-8am

#### **Aldi Grocery Stores**

- Tuesday and Thursdays 8:30-9:30am reserved for elderly and “at risk” shoppers.
- Delivery operated by Instacart.com

#### **Dearborn Market**

- Regular delivery of gift baskets (including dry food)
- No grocery delivery or pickup service

#### **Dean’s Market**

- Order online at [shrewsburyorders@deansnaturalfoodmarket.com](mailto:shrewsburyorders@deansnaturalfoodmarket.com)
- Tues / Thurs 9-10am reserved for elderly and “at risk” shoppers.
- Delivery service operated by Instacart.com
- Curbside pickup orders accepted until 4:30pm daily

#### **Delicious Orchards**

- Mail order department operating as scheduled
- No perishable items shipped
- Regular store hours 9:30am-6pm (closed Mondays)

- Drive through grocery pickup service 10am-3pm
- Video details available at [www.deliciousorchardsnj.com](http://www.deliciousorchardsnj.com)

#### **Wegmans**

- Designated hours for “at risk” shoppers 7-8AM
- Delivery Service operated by Intacart.com

#### **Whole Foods**

- Delivery available through Amazon Prime
- Sign onto prime account and click Whole Foods
- First hour of store opening is for elderly and “at risk” shoppers
- Only 60 guests allowed in the store at the same time.

#### **Eat Clean Bro | 260 South St, Freehold | (866) 258-1890**

[www.eatcleanbro.com](http://www.eatcleanbro.com)

- View menu online and choose from selection of over 50 meals
- Free delivery within 15 miles of local kitchens.
- Any delivery over 15 miles will charge a \$10.00 fee
- Delivery and pickup schedule available online

#### **Two River Dairy LLC | 517 S 7<sup>th</sup> Av, Long Branch | (732) 973- 4818**

[www.tworiverdairy.deliverybizpro.com](http://www.tworiverdairy.deliverybizpro.com)

- Sign up for service and choose your product online
- Delivered to your door.
- Details available on website

#### **Wild Alaskan Company | [www.wildalaskancompany.com](http://www.wildalaskancompany.com)**

- Wild Alaskan Company is a Delivery Service that connects you to quality seafood. Sign up for a monthly seafood membership on their website.

#### **Wildzora will stock your pantry | [www.wildzor.com](http://www.wildzor.com)**

- Wildzora offers freeze dried real food meals and snacks.
- Backordered products shipping in 4-8 weeks until further notice

#### **Thrive Market | [www.thrivemarket.com](http://www.thrivemarket.com)**

- Your favorite organic & non-GMO brands up to 50% off delivered to your door.
- Every paid membership sponsors a free one for a low income family.
- 100% recyclable packaging and zero-waste warehouses
- One year membership is \$5.00 per month billed yearly

#### **Freshii | 838 State Route 35 Middletown 07748 | [www.orderfreshii.com](http://www.orderfreshii.com)**

- Offering curbside pickup

#### **Monmouth Meats | Monmouth Street, Red Bank | [www.monmouthmeats.com](http://www.monmouthmeats.com)**

- Call in order at (732) 741-5292
- Offering curbside pickup
- Menu available online

#### **Belford Seafood Co Op | 901 Port Monmouth Rd, Belford | (732) 787-6508**

- Call in order at (732)787-6508
- Curbside pickup only

**Absurd Organics** | [www.absurdorganics.com](http://www.absurdorganics.com)

Absurd organics usually does not do “grocery” delivery but during COVID19, we’ve paused to assist in stopping the spread with a Market/Supermarket hybrid grocery delivery service.

**Misfits Market** | [www.misfitsmarket.com](http://www.misfitsmarket.com)

- Ugly, imperfect produce.
- Always fresh, sometimes normal

**Panera** | [www.panera.com](http://www.panera.com)

- Panera Grocery is an alternative to ordering in-demand food items.
- They offer groceries such as the following: Breads, bagels, milk, Greek yogurt, yogurt tubes, cream cheese, apples, avocados, blueberries, grapes, and tomatoes.
- Select the Panera Grocery option on the website.

**Staples** | [www.staples.com/freshgroceries](http://www.staples.com/freshgroceries)

- The office supply store is selling pounds of bananas, oranges and apples starting at \$9.49
- Bagels, cheese, yogurt, other dairy products, bacon, and guacamole also available

**Balance by Bistro MD** | [www.mybalancemeals.com](http://www.mybalancemeals.com) (844) 411-2252

- No minimums
- No memberships
- Prepared meals and snacks delivered to your door
- Dietary needs and allergies can be accommodated

**Local 130 Seafood** | 1305 Memorial Drive Asbury Park | (908) 783-2325

- [www.localseafood.com](http://www.localseafood.com)
- Offering Next Day Delivery Service
- Shop retail in Asbury Park location



## **Baby Formula / Infant Needs /Senior Nutrition Resources:**

**Bayshore Family Success Center** | 945 NJ-36, Leonardo| (732) 497-3811

- [familysuccess@ymcanj.org](mailto:familysuccess@ymcanj.org)
- Located in the Henry Hudson Trail Activity Center
- Pop-up Baby Pantry (diapers, formula and wipes)
- The Pantry is open on the first Friday of every month
- Please call (732.497.3811) or email us ([familysuccess@ymcanj.org](mailto:familysuccess@ymcanj.org)) to register by 7pm on the Thursday before each pop up.
- Contactless pick up in their parking lot.
  - Next date: Friday, November 7th
  - Hours: 10am-1pm
- For more information, visit: [ymcanj.org/event/baby-pantry-contactless/?instance\\_id=2689](http://ymcanj.org/event/baby-pantry-contactless/?instance_id=2689)

### **Child Care Resources (Diaper Bank)**

- [www.ccrnj.org](http://www.ccrnj.org)
- Contact person: Chelsea Sheedy
- 732-918-9901 x113
  - Families are eligible to receive diapers on a monthly basis with an agency referral

**WIC / VNANJ** 88 Main Street, Belford 07718 (732) 471-9301

<http://www.vnahg.org/wic>

- NJ Early Intervention System (NJEIS) is still be offered, which provides services & supports for families with children ages infant to 3 years, who have developmental delays or disabilities via Telehealth. Call the toll-free number, 888-653-4463 or contact Kristina Montague, Referral Unit Manager, via email: [kmontague@cjfhc.org](mailto:kmontague@cjfhc.org) or Cynthia Newman, Regional Director, via email: [cnewman@cjfhc.org](mailto:cnewman@cjfhc.org).
- Pregnancy / Breastfeeding COVID-19 guidance available 202-232-5492
- Further information is available on their Facebook page
- NJ WIC is open for business and services are now available by phone. During the COVID19 pandemic, participants will continue to receive benefits. At this time, WIC is allowing additional food items. Call your local WIC office.

### **Similac –**

**Not providing for free at this time**, however working on keeping inventory in stores. There is a samples / savings program parents can sign-up for: <https://similac.com/strongmoms>  
Currently still available for direct-ship, home-delivery. To order Similac, visit major retailers below:

- [Walmart.com](http://Walmart.com)
- [Target.com](http://Target.com)
- [Amazon.com](http://Amazon.com)
- [Costco.com](http://Costco.com)
- [Sam's.com](http://Sam's.com)
- [BJ's.com](http://BJ's.com)

### **A Message from the makers of Similac:**

The safety of our customers is at the forefront of everything that we do. While health and safety standards and procedures are followed daily at our manufacturing facilities, we want to make you aware of the extra precautions we are taking to ensure everyone stays healthy during this heightened concern about COVID19.

**A Message from the makers of Enfamil:**

We have added precautionary measures to every step of our formula making process. We will continue to implement advanced risk management strategies as the situation evolves in order to protect and serve our community. Join Enfamil Family Beginnings program to get baby formula coupons and other savings

Order online at Walmart, Target, or Amazon

**A Message from the makers of Gerber:**

We want to reassure families that we are here to navigate the COVID19 situation and ensure families can access our nutritional formulas, foods and beverages as the response to the pandemic evolves.

Families can find information about discounted products on our website

[www.gerber.com/coupons](http://www.gerber.com/coupons)

**IMPORTANT NOTICE REGARDING BABY FORMULA:**

UNDER NO CIRCUMSTANCES should parents water down baby formula because the exact formulation is needed to give babies enough calories and adding water to formula can cause a dangerous drop in baby's sodium level. This could lead to serious complications such as seizures.

If you find yourself in an emergency where you need formula and are unable to access it through deliver, the American Academy of Pediatrics recommends the following:

Feeding America is a non-profit network of 200 food banks. Many provide free baby food and infant formula. Find your local food bank.

Dial 2-1-1 to be connected to a community resource specialist who can help you find local resources.

**A Message from the makers of NUTRITIONAL DRINKS such as:**

**ENSURE, PEDIALYTE, BOOST, and GLUCERNA**

- We will continue to provide exceptional support guidance and products during this time. These are the changes you can expect for the coming weeks:
- **Delayed Deliveries**
- For the next few weeks, we cannot guarantee 1-2 day delivery due to the increase in demand.
- **Product Availability**
- Some products have limited or no availability. Please note this is temporary and we will offer products again soon. Just call us at (855) 855-1666 or email
- [support@carewell.com](mailto:support@carewell.com)

**Pet Nutrition Resources:**

**MCSPCA**

- Staff available for pet tips as owners return to work.
- Visit Monmouth County SPCA

## **Farmer's Market (Open Air) in the Monmouth County Area**

### **Aberdeen / Matawan**

**Samaha's Farm | 704 Lloyd Rd Aberdeen | (732) 566-2474**

- Open 7 Days 9am-5:30pm
- Walk up, Drive thru or Order online

### **Atlantic Highlands**

- **Weather permitting Atlantic Highlands Farmer's Market will be held every Friday from 11:00am to 5:00pm in Veteran's Park on First Avenue.**
- **The market will be operational through October 2, 2020.**
- **Questions directed to Chamber office. (732) 872-8711 or email [info@atlantichighlands.org](mailto:info@atlantichighlands.org)**

### **Englishtown**

**Englishtown Farmer's Market | 90 Wilson Av Englishtown | (732) 446-9644**

Open Saturday and Sunday 8am-4pm

### **Farmingdale**

**Collinwood Market | N Atlantic Av Farmingdale | (732) 938-7941**

Open Saturdays 8:00 am – Noon

### **Freehold**

**Downtown Freehold Farmers Market - Jersey Fresh | 1E Main Street Hall of Records, Freehold**

- Every Friday July 3rd-October 2020
- Parking on streets and behind buildings
- For updates go to: [www.downtownfreehold.com](http://www.downtownfreehold.com) or their Facebook Page: [downtownfreehold.com](https://www.facebook.com/downtownfreehold.com)

\*The Farmers have been working hard and excited to bring the best and healthiest fruit and vegetables to our market.

\* They will be making arrangements to have social distancing when shopping.

---

Hauser Hill Farms  
Vegetables, Fruit, Eggs, Flowers, Plants, Etc.  
Selection Changes according to the growing season

732.591.1966  
[www.njfarmmarkets.org](http://www.njfarmmarkets.org)

Stillwell Farms  
Ornamental Plants, Fresh Produce, Cut Flowers, Etc. Selection Changes according to the  
growing season  
1.609.324.7338  
[www.stillwellfarmsllc.com](http://www.stillwellfarmsllc.com)

## **Fresh Markets**

*Is sponsoring 2020 Markets in Asbury Park, Bell Works & Jersey Shore Premium Outlets*

- **For updates:** <https://www.bellworksfresh.com/>
- **Jersey Shore Premium Outlets Outdoor Market**
  - 1 Premium Outlet Blvd, Tinton Falls
  - Saturdays, beginning 7/4/2020
  - Hours: 10am-3pm
  - Location: The center of the atrium by the Food Court
- **Bell Works Fresh Outdoor Market**
  - 101Crawfords Corner Rd, Holmdel
  - Saturdays, beginning 6/17/2020
  - Hours: 11am-2pm
  - Location: iCMS Parking Lot (East Parking Lot)
- **Asbury Fresh**
  - 508 Cookman Av, Asbury Park
  - Sundays
  - Hours: 11am-2pm
  - Location: At the corner of Cross & Orange

## **Long Branch**

- **West End Farmer's Market** | 607 Ocean Ave, Long Branch Av (West End Park)  
Thursdays, from June 18th - October 1<sup>st</sup>
- Hours: 9AM to 3PM
- The West End Farmers' Market will return on June 18th, 2020!
- Please check their Facebook page for updates
- Featuring fresh local produce and locally crafted food items such as Jersey Fresh organic locally grown produce, flowers, jams, baked goods, cheeses, salsas, soups and more.
- New seasonal items arrive each week!
- \*PLEASE FOLLOW SOCIAL DISTANCING GUIDELINES!  
\*\*MASKS SHOULD BE WORN  
[#LongBranch](#)

## **Lincroft**

Capelli Farms 1537 W. Front Street, Lincroft (732) 796-2684

- Offering fresh quality produce at great prices
- Hours of operation are Monday-Saturday 10am-6pm and Sundays 10am-4pm

## **Manasquan**

Atlantic Farm Market 1506 (732) 528-8660

- Offering plants, flowers, produce as well as dairy items.
- Market hours of operation are daily 10am-5pm

## **Red Bank**

**Red Bank Farmer's Market** | 2 Bridge Avenue | (732) 530-7300

On the corner of West Front St. and Bridge Ave in the Galleria Red Bank Parking Lot  
Every Sunday May 17<sup>th</sup>-November 22<sup>nd</sup> weather permitting

Walk up Market open as of June 14

- Market hours 9am-12pm
- Face masks required to be worn by customers and practice social distancing
- No sampling of products will be offered or permitted
- The Galleria will be closed, no restrooms will be available

### **Clients can pre- order from the farmers (see below)**

We strongly encourage customers to pre-order. There will also be very limited "A la carte" products available.

To pre-order, please see below for the pre-ordering instructions for each vendor:

**DR PICKLE** – Download the app [Whatsgood](#) and sign up for free. Select the Red Bank Farmers market, Order you favorite pickles for pick up on Sundays, Cutoff for Sunday orders is the Thursday prior to 10am.

**HONEY** – Pre-order from their website – [www.fromthegardengiftshop.com](http://www.fromthegardengiftshop.com) – please make sure you change the pickup location to Red Bank Market

**GROSSMAN FARMS** – Go to the website [www.alansflowerfarm.com](http://www.alansflowerfarm.com) – you can also view them on Facebook and Instagram using alansflowerfarm

**JEFF'S ORGANIC PRODUCE** – Go to the website [www.jeffsorganicproduce.com](http://www.jeffsorganicproduce.com) – other info can be found at @jeffsorganicproduce on Facebook and Instagram

**HAUSER HILL FARM** – Go to the website [www.hauserhillfarms.net](http://www.hauserhillfarms.net)

**STONY BROOK FARMS** – Go to website [www.stonybrookmeadows.com](http://www.stonybrookmeadows.com)

**SPRING HOUSE FARMS** – Email vendor @ [springhousefarmsredbank@gmail.com](mailto:springhousefarmsredbank@gmail.com)

**NOTE:** The Galleria Farmers Market offers fresh, locally-grown produce from NJ's finest farmers. Only food will be sold and COVID protocols will be observed until further notice Held in the heart of Red Bank's Arts & Antique District at the historic

## **Wall**

**Allaire Community Farm Market** | 1923 Baileys Corner Road, Wall Township | 732-796-3298

- Mondays, CLOSED
- Tuesday – Saturday: 11:00am – 5:00pm
- Online orders may only be placed on Tuesdays and Fridays.
- Curbside Pickup is available Tuesdays and Fridays.
- Walk-ins are welcomed (a mask must be worn to enter the market)
- For updates, go to:
  - <https://allairecommunityfarm.org/shop/>
  - Facebook: [allairecomfarm](#)
  - Twitter: [@allairecomfarm](#)

***NOTE: ALL of the information listed on this document is updated to the best of our ability. Since there has been a possibility of some of the delivery companies (Instacart, Amazon, etc.) going on strike, we will continue to provide updates as often as we can. Supply and staff / volunteer challenges may cause changes in resource services periodically. Please be advised that information for all of the listed resources can be changed at a moment's notice and we will continue to strive for the most accurate and up-to-date information as possible.***